

LETHBRIDGE PRIMARY SCHOOL

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Newsletter No. 10

21 June 2024

Care Respect Collaboration Resilience

Lethbridge Primary School acknowledge the traditional custodians of our school lands, the Wadawurrung people, and pay our respects to Elder's past, present and future.

Monday	24	2.30pm: Student Showcase Learning Celebration	FAMILIES WELCOME
Tuesday	25	MARC Van	
Friday	28	Assembly, 2.10pm	
Friday	28	Last Day of Term – Early Dismissal, 2.30pm	

PRINCIPAL'S REPORT

Dear parents and carers,

I have thoroughly enjoyed the past few weeks getting to know each student better. It has been wonderful visiting classrooms and observing our students applying themselves and engaging deeply in high-quality teacher instruction. I am especially proud of their flexibility and ability to adapt when their classroom teacher is away, and we have a CRT replacement. It is also pleasing to receive such positive feedback from CRTs who have worked at our school.

As you may already know, our school values are Care, Respect, Resilience, and Collaboration. Each week, both staff and students will focus on a specific skill or behaviour related to one of these values. Next week, our focus will be on Respect, with an emphasis on using good manners. Staff and students will engage in discussions about what good manners look like and sound like in the classroom. I am looking forward to seeing our students demonstrate this skill throughout the school.

FOUNDATION ENROLMENTS 2025

Foundation enrolments are now open for 2025 Foundation students. Please drop into the office and collect an enrolment pack if you have a child who is starting in Foundation in 2025. Please do not hesitate to contact the school if you would like to organise a school tour.

SCHOOL UNIFORM

It has been great to see our students coming to school each day in full school uniform. I understand it has been very cold lately and students may require additional jackets or beanies which is fine. Where possible I ask that these items match the school colours. You can find more information on our [Student Dress Code Policy](#).

Mr Jarod Bacon
Acting Principal

LOST PROPERTY

We have a large collection of lost property, most of which is unnamed. If you are missing uniform items, please check the lost property basket in the office. We also suggest uniform items are clearly labelled, so that if they are lost, they can be returned to your child.

HEALTH AND HYGIENE

While at school, students are supported with health and hygiene protocols such as using hand sanitiser. Throughout our learning spaces, we also have air purifiers and encourage ventilation through classrooms during the school day.

It is recommended that staff members, students or visitors who have symptoms of cold, influenza or COVID-19 undergo testing for COVID-19. Parents of symptomatic students will be contacted to collect their child from school and keep them home until they are no longer symptomatic. There is at present an increase in community transmission of COVID-19 in Victoria.

You can help us keep our school as safe as possible by taking 2 important steps:

1. Ensure your COVID-19 vaccinations are up to date. Information on how and where to get vaccinated is available on the Get Vaccinated webpage.
2. If your child shows symptoms of COVID-19, please ensure they stay home and get tested. The easiest way to test is to use a rapid antigen test (RAT). You can buy RATs at supermarkets, pharmacies and other retailers. If your child has symptoms but tests negative, please ensure they stay home until they no longer have symptoms. If the RAT test result is positive, please ensure they stay home for at least 5 days and until there are no more symptoms.

STUDENTS OF THE WEEK

Term 2, Week 9

P/1 B	Alex For engaging with the author visit and bringing in his Butleigh Farm books to confidently share and read to the class. Excellent work Alex!
P/1 MC	Jannali Confidently sharing your knowledge and ideas during class discussions. You add a lot of value to our class Jannali!
2/3 B	Ryder K For showing the school values of Respect and Care in the classroom, setting a great example for your classmates with your whole-body listening. Keep up the great work Ryder!
3/4 M	Gemma and Jordan For applying yourself and working hard to complete your Special Celebration information slides and your collage. Congratulations!
5/6 H	Heath For showing resilience in the classroom! You always accept challenges and take the time to do your absolute best. Keep up the awesome work, Heath!
5/6 O	Dyer For showing up every day with dedication to our school values. Resilient efforts in your learning tasks. Care for your work and your peers. Collaboration by always making sure your peers feel included in group tasks, and Respect in every interaction you have. Well done, Dyer!
STEM Award	Maddy For her contributions in our class discussions about plastic waste. I love your ideas Maddy!
P.E. Award	Billy For joining in PE and practicing your football skills. Fantastic Billy!

Term 2, Week 10

P/1 B	Brianna For showing determination to try and learn all of your letter sounds and names. It is pleasing to see your willingness to apply this in reading and writing Brianna!
P/1 MC	Anastasia For trying your best to listen to others and follow directions. Keep trying your best Anastasia!
2/3 B	Baxter For your enthusiasm and hard work in maths while learning and practicing the new skill of vertical addition. Well done Baxter!
3/4 M	Ryan For your persistence with mathematics and working hard to learn new subtraction skills. Super proud of you Ryan!
5/6 H	Byron Making thoughtful decisions. You have shown so much growth in your ability to think before you act. It is wonderful to see younger students look up to you and ask for your help. Congratulations, Byron!
5/6 O	Zav For showing outstanding growth and maturity by owning your mistakes and using your own initiative to build your peer relationships through respectful communication. I'm so proud of you Zav. Amazing work!
Italian Award	Jenna For making the effort to practice your Italian. Brava Jenna!
STEM Award	Harlow For always working hard on all set tasks. Keep up the great work Harlow!
P.E. Award	Hudson For always being a fabulous helper by demonstrating your football skills to the class. Thank you Hudson!



AT-SCHOOL MUSIC

Learn at school, during school & without leaving school

Pat Wheeler is at Lethbridge Primary School on Fridays to conduct instrumental music sessions with individual students.

Key information
Piano, drums and beginner guitar are available.

To register and make a booking:
Bookings and payments are managed directly by At School Music.
Go to atschoolmusic.au and complete the enquiry form at the bottom of the page.
Staff at At-School Music will contact families directly using information provided by parents in the website enquiry submitted.


ALL COURT TENNIS

Come and join us at **All Court Tennis**.
Tennis coaching conducted by qualified and experienced coaches, for all ages and levels of experience ranging from Hot Shots through to the Elite Athlete. Contact Nathan about details for the free lessons.

Class Pricing : - Group lesson \$5 (2-6)
- Private Lesson \$20 (1on1)
All New group lesson students will receive their first lesson free.

Locations : - Lethbridge TC
Days : - After School on Tuesday

CONTACT NATHAN
0430 726 486
allcourttennis@gmail.com



CAMPS, SPORTS AND EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors. Excursions encourage a deeper understanding of how the world works while sports teach teamwork, discipline and leadership. All are a part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities. If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. The allowance (\$150 for Primary school students) is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

To be eligible for the fund you must:

- on the first day of Term one, or;
- on the first day of Term two;
- a) Hold a Veterans Affairs Gold Card, Centrelink Health Care Card (HCC), Pensioner Concession Card (PCC), OR
- b) Be a temporary foster parent, and
- c) Submit an application to the school by the due date.

Parents who receive a Carer Allowance on behalf of a child, or any other benefit or allowance not income tested by Centrelink, are not eligible for the CSEF unless they also comply with one of (a) or (b) above. If you applied for CSEF at Lethbridge Primary School last year, you do not need to complete an application for this year, unless there has been a change of family circumstances. You only need to complete an application form if any of the following has occurred:

- new student enrolments; your child has started at Lethbridge Primary School in 2023.
- changed family circumstances; such as a change of custody, change of name, concession card number, or new siblings commencing this year (e.g. prep students)

Please contact the office to obtain a CSEF application form or download from www.education.vic.gov.au/csef

CONVEYANCE ALLOWANCE

The conveyance allowance is a contribution towards transport costs and is not intended to cover the full cost of transporting children to and from school. Eligibility:

An application on behalf of a student may be submitted if the student is:

- a Victorian resident;
 - school aged and enrolled (3) three or more days per week at a school; and
 - attending a school/campus located outside the Melbourne metropolitan conveyance boundary
- A student who meets the above requirements may be eligible if they:
- attend their nearest or designated neighbourhood government school/campus appropriate to their year level, at which admission is permissible, and
 - reside 4.8km or more by the shortest practicable route from the campus attended

For further information regarding the Conveyance Allowance Program see: <https://www2.education.vic.gov.au/pal/conveyance-allowance/policy?Redirect=1>. If you think you may be eligible for Conveyance Allowance, please see Meagan in the office.



**FINANCIAL ASSISTANCE
INFORMATON FOR PARENTS**

JUNE 2024

COMMUNITYOSH NEWSLETTER LETHBRIDGE PRIMARY SCHOOL



This fortnight at OSH we have focused on the themes 'Ocean' and 'Minecraft'. This has allowed the children to explore different animals that live in the ocean such as fish, octopus, and jellyfish.

Minecraft week has been a big hit with all the children; many enjoying making their own bookmarks and Creeper cubes.

Special shout out to Cyrus for noticing rubbish laying around the school and taking the initiative to clean it up.

We look forwards to seeing you next week!



TO ENROL & BOOK, LOGIN OR CREATE YOUR ACCOUNT AT
WWW.COMMUNITYOSH.EDU.AU OR EMAIL ADMIN@COMMOSH.EDU.AU

PARENT EDUCATION EVENTS

GEELONG and BARWON
SOUTHWEST REGION



TERM 3, 2024

All Regional Parenting Service programs along with MELI (*formerly Barwon Child Youth & Family (BCYF) and Bethany*), Family Relationship Centre, Drummond St Services and Barwon Southwest Region programs will be offered face to face or online. Bookings are essential. For details of dates, times and venues please see below.

BRINGING UP GREAT KIDS

The First 1000 Day

The first 1,000 days of life is a program for parents with children aged under 2 years and designed to nurture parents as they embark on their journey. It provides parents with knowledge about brain development and an understanding of how children grow and what they need. The centrality of family relationships and opportunities for parents to reflect on their own childhood and how to connect with their children are all explored.

BRINGING UP GREAT KIDS

Bringing up Great Kids is a 6-week supportive program for parents of children aged 12 months to 9 years.

The program aims to:

- develop parents' skills to enhance communication with their children;
- promote positive interactions between parents and their child/ren;
- encourage the development of a child's positive self-identity.

CIRCLE OF SECURITY

Circle of Security is an 8-week supportive program for parents of children aged birth to 5 years.

The program aims to:

- help parents understand how to build feelings of security for children in their early years;
- assist parents with skills to build on the positive relationship with their child;
- develop confidence in parents to respond to their child in a way which builds a secure foundation for children.

TUNING IN TO KIDS

Tuning in to kids is a 6-week supportive program for parents of children aged 4 to 10 years.

The program aims to:

- help parents teach and support their child/ren to understand and manage their emotions;
- support parents in encouraging children to express emotions appropriately;
- maximise children's social, behavioural and learning outcomes.

BRINGING UP GREAT KIDS

Parenting Adolescents

The program builds on maintaining positive relationships and interactions between parents and adolescents during the ages of 10 to 17 years.

This 6-week program will look at having a better understanding and being able to support your adolescent.

- Finding meaningful ways to stay connected with you adolescent;
- Understand that all behaviour and interaction have a meaning attached to it;
- Develop an increased understanding about the messages that they communicate to their adolescent through their behaviour, actions and attitudes;
- Develop skills to identify and manage their stress associated with parenting.



OUR KIDS – Parenting After Separation

Our Kids is a 6-week course on parenting after separation and the impact of parental conflict on children. The course encourages parents to focus on the needs of their children and develop helpful communication strategies following separation. Courses run weekly for 6 weeks during school terms. Morning and evening sessions are available.

THE DAD WORKSHOP

This 6-week program will focus on giving you the tools you need to create a better life for your entire family.

We will look at simple things you can do to improve:

- your relationship with yourself;
- your relationship with your partner;
- your relationship with your kids.

FLOURISHING FAMILIES

A 5-week program for parents with children of all ages to discover how you can help your family to flourish.

Learn about:

- how you can promote resilience;
- increase awareness of your family's strengths;
- create and nurture positive family relationships;
- give feedback to support individual growth.

NO MORE SCAREDY CATS

Reducing Anxiety and Building Resilience in Children

A 4-week program for parents of children 5 to 12 years to gain an understanding of the increasing levels of anxiety in a child and strategies to help manage the "traps and tripwires" with strengthening sayings, questioning strategies and mindful exercises.

TUNING IN TO TEENS

Tuning in to teens is a 6-week supportive program for parents of teens aged 12 to 18 years.

The program aims to:

- support parents to connect and communicate with their teens;
- assist parents with understanding adolescent development;
- help parents to assist their teen to develop emotional intelligence;
- remain empathetic and stay connected.

LIVING WITH TEENS

A model for building strong, secure connections. Living with Teens is a 3-week program.

The program aims to cover:

- what parents need to be able to meet teen's needs;
- what teens need from parents;
- adolescent development.

BUMPS TO BUBS

Bumps to Bubs brings young mothers and mothers-to-be (up to 23 years) with babies 0 to 1 year, together to support the journey of parenting.

BUBS TO TOTS

Bubs to Tots brings mothers (up to 24 years) of children in the 1 to 2 year age group together for support and education.

DADS TUNING INTO KIDS

Dads Tuning into Kids is a 6-week supportive program specifically for Dads of children aged 3 to 12 years.

The program aims to:

- help dads to effectively tune in to their child's emotions;
- encourage dads to strengthen their emotional connection with their child;
- support dads to build skills in emotion coaching to assist their child's individual needs.

POSITIVE PARENTING PROGRAM

Available online via the Triple P website

www.triplep-parenting.net.au/vic-uk/en/triple-p/

STRENGTHENING FAMILY CONNECTIONS

Strengthening Family Connections is a free 8-week program for parents and their children aged 8 to 12 years. The program aims to build a positive family culture and strengthen family connections.

STEPPING STONES

Stepping Stones is a 5-week program for families with a child who has a disability. The program aims to help parents use Positive Parenting to acquire new skills and knowledge. Skills are practiced and parents receive constructive feedback about their use of skills.





Parent Education Events

Term 3, 2024

Program	Location / Venue	Days / Dates	Time	Bookings
Bringing Up Great Kids - Adolescents	Online via Zoom	Mondays 05 Aug – 09 Sep	7.00pm - 9.00pm	 <p>Regional Parenting Service www.geelongaustralia.com.au/parenting Ph: 5272 4741</p> 
Tuning in to Kids	Bellarine Community Health 23-25 Palmerston Street, Drysdale	Wednesdays 07 Aug – 11 Sep	6.00pm - 8.00pm	
Tuning in to Kids - Drummond Street Services	Wurriki Nyal 137-139 Mercer Street, Geelong	Mondays 29 Jul – 02 Sep	5.30pm - 7.30pm	
Circle of Security	Wurriki Nyal 137-139 Mercer Street, Geelong	Tuesdays 23 Jul – 10 Sep	7.00pm - 9.00pm	
BUGK First 1000 Days	Online via Zoom	Wednesdays 31 Jul – 04 Sep	7.00pm - 8.30pm	
Bringing Up Great Kids	Chilwell Primary School 313A Pakington Street, Newtown	Thursdays 01 Aug – 05 Sep	7.00pm - 9.00pm	
To express your interest for the following programs please contact Regional Parenting Service				
The Dad Workshop		Flourishing Families		The Anxiety Coach
Our Kids – Parenting after Separation	Family Relationship Centre 1/100 Brougham Street, Geelong	Thursday 25 Jul – 29 Aug	Contact the Family Relationship Centre for times	 <p>Family Relationship Centre www.catholiccarevic.org.au Ph: 5246 5600</p>
Online parenting programs	Drummond St Services offer a range of online programs, please see their website for further details.	Various dates and times		 <p>Drummond Street Services ds.org.au/events/</p>

Parent Education Events

Term 3, 2024

Program	Location / Venue	Days / Dates	Time	Bookings
Circle of Security	Bellarine Living & Learning Centre, 20 Worden Court, Whittington	Thursdays 1 Aug – 5 Sep	9.30am - 11.30am	 <p>Meli, the new name for BCYF and Bethany www.meli.org.au Ph: 5226 8900</p> 
Tuning into Kids	Grovedale Community Hub 45 Heyers Road, Grovedale	Tuesdays 30 Jul – 3 Sep	9.30am - 11.30am	
Strengthening Family Connections	Meli 16 Ballarat Road, Hamlyn Heights	Wednesdays 24 Jul – 11 Sep	4.30pm - 7.30pm	
Tuning in to Teens	Meli 222 Malop Street, Geelong	Tuesdays 30 Jul – 3 Sep	9.30am - 11.30am	
To express your interest for the following programs please contact MELI				
Baby College		Bumps to Bubs		Bubs to Tots
Circle of Security (Abbreviated version)	Moyne Shire	Tuesdays 23 Jul – 10 Sep	6.00pm - 8.00pm	 <p>CatholicCare Victoria – Warrnambool www.catholiccarevic.org.au Ph: 4344 4588 E: helen.diamond@catholiccarevic.org.au</p>
Circle of Security (Abbreviated version)	Childrens Services Building	Wednesdays 24 Jul – 28 Aug	TBA	